



## NDC puts on Street Games in Reclaimed Back Lanes!



Kirsty Watt, Neisha Lucas and Jade Watt



Jade Crannage and Reece Penick



Rebecca Younger

You may have heard about NDC bringing back old fashioned games to our streets. Workshops have already taken place in the area and everyone enjoyed the return of hopscotch, skipping and marbles.

The scheme – jointly funded by NDC and One Voice Tees Valley – was brought about to encourage our children into the safer, alleygated lanes in the NDC community. And now, with the help of NDC residents, the back lanes are even more fun for kids to play in, with the addition of hanging baskets.

Stockton Rd, Collingwood Rd and Sandringham Rd have all benefited from free hanging baskets, paid for by Pride in Hartlepool, to make their back lanes more attractive.

Irene Cross is one of four NDC Community Development Trainees who have helped residents reclaim their back lanes. She said, "We helped start things off with tasks such as door-knocking and asking residents' views. However, it is the residents themselves who have put in the most work and they are delighted with the results."

To celebrate how the two back lanes have been changed into bright areas perfect for play, street games were organised in Stockton Rd, Sandringham Rd and Collingwood Rd in the last week of July and first week of August.

Residents and their children gathered in the back alleys for an afternoon of outdoor activities such as hopscotch and hula-hoops – and loved every minute of it!

# News from Residents' Associations

## General Information

The next meeting of NDC Community Chest Grants Panel will be on Thursday 2nd September.

**Please send group or individual applications to Alison Barnes at HVDA, Rockhaven by Thursday 26th August.**

## Belle Vue

There is a drop-in meeting every Thursday from 11am until 2pm; feel free to come along and see what is happening in your area.

The next multi-agency meeting is on Thursday 2nd September at 1pm.

Meetings take place at the Belle Vue Sports & Community Centre Bistro; in an informal and friendly atmosphere.

**Contact Eileen Thompson on 268892 for more details about Belle Vue Residents Association.**

## West End

Meetings are held on the third Wednesday of each month in The Nursery Inn at 7pm.

The Nursery Inn is also playing host to a Body Shop Party on Wednesday 15th Sept at 7.30pm. Alongside a range of bath and beauty products, there will also be a quiz, raffles and a game of bingo. You can also have a game of bingo at one of our social evenings held at The Nursery Inn on the 2nd Wednesday of each month.

**Contact Margaret Haughey on 425 535 for tickets / more details about West End Residents Association events.**

## Dent / Derwent

Meetings are held on the third Monday of each month at Church of The Nazarene.

**Contact Julie Rudge on 868310 for more details about Dent / Derwent Residents Association.**

Join us for our third birthday party celebration on Monday 11th October at Hartlepool Supporters Club. Enjoy a 70's disco, buffet and raffle. Tickets are only £1. **Contact Doreen Boreland on 295820 for further information or to purchase tickets.**

## Wharton / Errol

Meetings are held on the last Tuesday of each month at the People Centre at 7pm.

All residents are also welcome to attend our AGM on Tuesday September 7th, 7pm at the People Centre.

**Contact Dave Berry on 420131 for more details about Wharton / Errol Residents Association.**



## New Deal Resident Steering Group Elections 2004

NDC is resident led. That means decisions taken about which projects to fund, or which items are made priority, are taken by a Steering Group made up of a majority of local residents, who work alongside other key partners.

Four residents are elected each year to represent each of the three sections of the NDC area. Any NDC resident aged 18+ who is interested in making the area a better place to live can stand for election.

**Elections are held on Monday 13th September at the following venues:**

- Belle Vue Community, Sports & Youth Centre
- Osborne Road Hall
- Grange Road Methodist Resource Centre

Steering Group members offer their skills on a voluntary basis and are expected to:

- Attend monthly evening meetings of the Steering Group and Community Forum (2 in total per month)
- Receive and comment on reports provided by the NDC staff
- Get involved in some development work around specific projects
- Attend other meetings from time to time

**For more information contact New Deal on 894046.**

# Good Old-Fashioned Fun at Belle Vue



Who would have thought that you could take part in activities as varied as Egyptian Belly Dancing and Trampoline at your local Community Centre? Belle Vue Community Sports & Youth Centre prides itself on catering for a range of needs and abilities.

However, this doesn't mean that the more traditional hobbies are ignored – far from it! Pop into the Centre any Thursday and you will be treated to classes in good old-fashioned Sequence Dancing and Carpet Bowls.

Carpet Bowls is a bit of an institution at Belle Vue; the sport has been played there for over two years. Some of the regular players, such as Sheila Storm and Doreen Young, have been going since the classes began.

Sheila said, "We really enjoy using the modern facilities at Belle Vue. The group has seen the Centre develop and improve, and we even continued to play when the refurbishments were taking place!" That's commitment!

Between 10 and 16 people gather in the Dance Studio each Thursday from 10.30am – 12pm for Carpet Bowls, and everyone pays 50p per week to cover costs. There is a real mixture of abilities, and new members are always welcome.

After building up an appetite with Carpet Bowls, a few members eat lunch together in Belle Vue Bistro before beginning Sequence Dancing from 1.30pm until 3pm.

Sid and Anne Elstob run the Sequence Dancing sessions each week and have around 28 regular attendees. For only £1, people can meet with friends over a coffee, juice and biscuits while also brushing up on their dancing.

Sid said, "Since April - when we began the sessions - attendance has doubled. Dancing has always been a hobby of ours and now that we have started classes in teaching Ballroom Dancing, we are looking forward to passing on these skills to others."

**If you would like information on these, or any other Belle Vue sessions, please contact Reception on 221832.**



## New School Term, New Start - With a Course at the Stranton Centre

After opening its doors to the NDC community at the beginning of summer, activities at the Stranton Centre are well underway. And with the kids returning to school in September, it is the perfect time for adults to embark on something new – such as one of our **free computer courses**.

*Choose from:*

- Introduction to Computers
- Introduction to the Internet
- Introduction to Microsoft Office.
- Computing for over 50's

**Soccer School** takes place out on the Stranton Centre sports field each Thursday. During term time: 3pm until 5pm for £1.50 per child. During school holidays: 4pm until 5pm for £2 per child.

Please meet in the reception area 5 minutes before session.

For parents with young children, **Fit Tot** sessions with Sure Start Central take place every Saturday morning from 11am until 12pm. Fun-packed exercise, games and activities are available for children aged between 2 – 4 years old at only 90p for the first child and 60p per child after that. The first 2 sessions are free.

**Exercise for Health** is the ideal way for people to raise fitness levels, while also shaping and toning the body. It is only 90p to join in, and anyone aged 14 years or over is welcome. We cater for all abilities, so even if you have never done aerobics before don't let that stop you giving it a go each Monday at 7pm until 8pm.

**For further information, please contact Sharon Pounder, Centre Manager on 231329.**

# Carers – Support & Socialising

As a carer, you may spend a lot of time looking after someone who is ill, frail or has a disability. Hartlepool Carers can offer NDC residents help and support by providing advice, information and services to try and make life a little bit easier.

Please come along to any of the centres named below to find out more about receiving:

- Emotional support
- Advice & information
- Welfare benefits advice
- Housing & health support
- Healing therapies
- Leisure & educational opportunities



At:

- **The Horizon Centre**, Murray Street, Tuesdays 10am – 12pm
- **The Oxygen Centre**, Cornwall Street, every other Wednesday, starting 1 September, 1.30pm – 2.30pm
- **The Belle Vue Centre**, Kendal Road, Thursdays 11.15am – 12.15pm
- **St Joseph's Court**, South Road entrance, Fridays 1.30pm – 4pm
- **The People Centre**, Raby Road, first Wednesday of each month (from October), 10am – 11am

Our popular service will also help you meet other carers in similar situations. Outings and events are organised on a regular basis, such as our trip to Sunderland Planetarium on Wednesday 27th September.

Please contact Anne Gibson at Hartlepool Carers on 283 095 or at 200 York Road to find out more.



Carers enjoy a recent sponsored walk event

## Don't let Christmas Cripple You ...

– financially that is! With the festive season just round the corner, will you be paying too much again this year? Will you be dreading New Year as the bills start landing on your doormat? Taking a loan from a door-to-door agent may seem a quick and easy solution now; but debt that takes 5 minutes to get into, sometimes takes as much as 5 years to pay back....



You can avoid letting debt ruin your Christmas by starting to save a small amount each week with MoneyWise Community Banking. If you start saving with us, after 13 weeks you can apply for a loan.

Think it is too good to be true? Here are the facts:



- Save £10 a week for 16 weeks = £160
- First loan can be up to double the amount you have saved = £320
- Pay back loan of £320 over a year at £6.64p per week
- Total amount of interest you pay is £20.61
- Yearly dividend on your savings
- Free life insurance

The same loan from a doorstep agent will cost you £246 extra in interest! So don't let time slip away; there are 5 collection points around the NDC area – find out where your nearest point is today!

Either call into 4 Avenue Road Monday to Friday between 10am - 4pm or phone 863 542 for further details.

## CAB Reaches Out

Outreach is a way of taking services out of their usual surroundings and into the community so that people may feel more at ease when using them. A new weekly Outreach Service for Hartlepool Citizens Advice Bureau (CAB) now takes place at the Horizon Centre on Murray Street each Thursday between 1.30pm and 4.30pm.

The service is free, independent and confidential and appointments can be arranged by **contacting the Horizon Centre on Hartlepool 233 741. Of course, free advice is always available at CAB Offices in Park Road, Monday to Friday between 10am - 3pm.**



Alternatively, our telephone advice line is open Mondays from 1pm - 3pm and Tuesdays to Fridays 10am - 3pm; call 273 223. Or e-mail us on [enquiries@hartlepool-cab.co.uk](mailto:enquiries@hartlepool-cab.co.uk)